

B. J. 1.497 4

R U L E S
A N D
O R D E R S
O F T H E
Public Infirmary
A T
M A N C H E S T E R.



M A N C H E S T E R:
Printed by JOSEPH HARROP, opposite the
Exchange, 1769.

1877

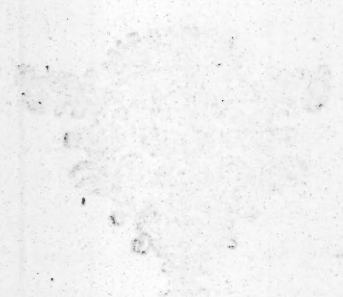
RULES

AND

ORDERS

Public Library

MANCHESTER





R U L E S

F O R T H E

G O V E R N M E N T.

O F T H E

Public Infirmary, &c.

1.      H A T this Society shall be known
     T      and distinguished by the Name of the
Trustees of the PUBLIC INFIRMARY
     in MANCHESTER, and the Govern-
ment thereof to be placed in the Hands of
Trustees qualified as hereafter mentioned.
2. THAT all Benefactors of twenty Guineas, or
upwards at one Time, be Trustees during Life.
3. THAT all Subscribers of two Guineas, or up-
wards, annually, be Trustees during Payment.

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4. THAT

4. THAT the Head, or other Officer, for the Time being, of any Township, Body Corporate, or Society, subscribing two Guineas, be a Trustee.
5. THAT the present Physicians and Surgeons shall be Trustees during their Attendance upon this INFIRMARY.
6. THAT a General Board of Trustees, be held at four stated Times in the Year, viz. on the *Thursdays* preceding the 24th of JUNE, the 29th of SEPTEMBER, the 25th of DECEMBER, and the 25th of MARCH, and oftner on special Occasions.
7. THAT the Power of making and repealing Laws of electing and removing Officers, be vested in the General Board only.
8. THAT there be a Weekly Board of Trustees, which shall consist of five at least, to meet every *Monday* at eleven of the Clock, at the INFIRMARY.
9. THAT at the General Board, held next before *Midsummer*, a Treasurer be annually chosen out of the Trustees, who shall give Security to such Persons, as the General Board shall appoint, for the due accounting for all such Money, as he shall receive for the Use of the INFIRMARY; and shall pay all such Bills as are ordered by the General or Weekly Board, such Order being first signed by the Secretary.

10. THAT

10. THAT the Treasurer at every Board take the Chair, or, in his Absence, the Members present appoint their own Chairman; who shall have a casting Voice. That at every General Board the Proceedings of the last General Board, and at every Weekly Board the Proceedings of the last Weekly Board, shall be read over, and all Laws and Orders made at one General Board, shall be in Force and Binding till the next General Board, but no longer, unless confirmed by two thirds of the Trustees present at such subsequent General Board, all Orders of the Weekly Board to continue in Force till repealed by some subsequent Weekly or General Board.
11. THAT the Proceedings of every Board be fairly registered, and sign'd by the Chairman.
12. THAT at the General Board, held next before *Midsummer*, two Trustees be annually chosen, to inspect, and audit the Accounts of the INFIRMARY and to report the same, from Time to Time, to the General Board; and at the End of every Year, viz. at *Midsummer*, to draw out the Accounts, with a Report of the State of the INFIRMARY, the Number of Patients received and discharged within the Year, and an Abstract of the Proceedings of the Trustees, and to produce the same at a General Board, to be appointed for that Purpose before *Michaelmas*.
13. THAT such Physicians and Surgeons, as are agreed upon at a General Board, be nominated
to

to attend the INFIRMARY, and that, whenever a Vacancy shall happen after the first Appointment, the Number of each shall not exceed three.

14. THAT an Apothecary, Secretary, and Matron be appointed as Officers by the General Board, and such Nurses and Servants, as are necessary to attend the INFIRMARY, by the Weekly Board.
15. THAT the Clergy of *Manchester* and *Salford*, be desired, in Weekly Rotation, to attend the INFIRMARY, and minister to the Patients, at a convenient Hour.
16. THAT one or more of the Contributors residing in Town, be appointed in the Order they stand in the Alphabetical List, at every Weekly Board, to visit the House once every Day, for the ensuing Week, each of which, in Case of Sickness, or necessary Avocation, may appoint another Contributor to be his Deputy; and that they enquire whether the Rules concerning Officers, Servants, and Patients, have been observed; particularly, whether the Patients have been duly attended by the Physicians, Surgeons, Apothecary, &c. whether Prayers have been duly read; whether the Patients or Servants have been guilty of Swearing, Drunkenness, any Immorality, or Indecency; whether the Provisions are good, and whether they have been carried out of the House, or brought in to the Patients clandestinely; and that they enter what they think proper, to be observed, in a Book to be provided

provided for that Purpose, and that they attend the next Weekly Board.

17. THAT the Weekly Board inspect the Observations of the House-Visitors; regulate all Matters relating to the Admission, or Discharge of Patients, enquire into the Conduct of Officers and Servants, examine and pass Accounts, order Payments, execute the Orders of the General Board, and prepare such Matters, as are proper to be laid before the same.
18. THAT the Weekly Board, nine Members being present, have Power to suspend the Apothecary, Secretary, or Matron, for Misbehaviour, and to appoint others during the Suspension, and to remove Nurses and Servants, and chuse others in their Room.
19. THAT when any Vacancy shall happen in the Office of Treasurer, Physician, Surgeon, Apothecary, Secretary, or Matron, the Weekly Board shall summon a General Board, to fill up the Vacancy, unless the stated General Board shall happen at a convenient Distance of Time; and till such Election be made, the Weekly Board shall appoint a Person, or Persons, to act in the vacant Office.
20. THAT the Weekly Board, nine Members being present, have Power to summon a General Board, upon any special Occasion, giving publick Notice fourteen Days at the least before, and specifying the Business to be transacted at such Meeting.

21. THAT

21. THAT all Elections, if contested, be by Ballot; and all Questions decided by a Majority of Votes present, which shall be taken by Ballot, if required; but no Subscriber shall have a Vote at any General Board, unless he has paid his second Years Subscription.
22. THAT all Subscriptions for the current Year, be paid as soon as may be after the Year commences; that all Subscriptions entered before *Michaelmas*, be deemed to commence at the preceding *Midsummer*, and all subsequent Subscriptions to commence from the Quarter-Day preceding the Time of subscribing, unless the Subscribers desire otherwise.
23. THAT the Secretary shall send a Monitory Letter, to all Persons whose Subscriptions are three Months in Arrear, to prevent further Delay of Payment; all Subscriptions being supposed to continue, unless the Subscriber orders the contrary by Letter.
24. THAT no Treasurer, Auditor, Physician or Surgeon, shall receive any Reward, Sallary, or Gratuity, from the INFIRMARY for his Service.
25. THAT no Patient, or Person, related to the INFIRMARY, do at any Time presume, on Pain of Expulsion, to give to, or take from, any Tradesman, Patient, Servant, Stranger, or other Person whatsoever, any Fee, Reward, or Gratuity, directly or indirectly, for any Service done, or to be done, on Account of the INFIRMARY.
26. THAT

- 26 THAT a Table of the Rules and Orders, which relate to the Conduct of Patients and Servants, be hung up in each Ward, and publickly read over every *Friday* Morning, by a Person to be appointed by the Matron.
27. THAT an Inventory of all the Household Goods and Furniture belonging to the INFIRMARY, be kept by the Secretary, and a Copy thereof by the Matron, and that once every Year, at some convenient Time before the stated Board in JUNE, the Auditors do cause a fresh Inventory to be made, and compare it with that of the preceding Year, as well as with the Account of what has been purchased since; and that as often as any Thing shall be wanting, it be immediately notified by the Matron to the Visitors of the Week.
28. THAT the Method of dealing with Tradesmen in general, be to publish an Account of Provisions and Goods wanted, and Notice for such as are willing to furnish the same, to bring their Proposals sealed up, to the Secretary at a Day fixed, in order that the next Weekly Board may determine which shall be accepted.
29. THAT the Appointment of the particular Diet of the Patients be under the Regulation of their respective Physician or Surgeon, and that no other Provisions or Liquors be brought into the House to them, on any Pretence whatsoever.

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30. THAT

30. THAT a Poor-Box be set up in some convenient Place, to which there shall be two Locks; the Key of the one to be kept by the Treasurer, and of the other, as the Weekly Board shall appoint, and the Money therein collected, applied to the Use of the INFIRMARY.
31. THAT the Matron, Apothecary, and Servants be ready to attend the Visitor in the Board Room: That when the Visitor enters the Wards, the Matron and Servants withdraw, and the Patients stand by their respective Beds.
32. THAT all Deeds, Evidences, and Writings, relating to this INFIRMARY, or, where the Originals cannot be obtain'd, attested Copies thereof shall be preserved in a Chest provided for that Purpose, and secur'd by three Locks, the Keys whereof shall be kept by such Persons as shall be appointed by the General Board held next before the 24th Day of *June* annually.





Admission and Discharge

O F

P A T I E N T S.

33. **T**HAT Patients be admitted and discharged every *Monday* by the Weekly Board, between the Hours of Eleven and One; and that the Candidates for Admission do attend before the Hour of Eleven.

34. **T**HAT a Subscriber of One Guinea, shall have a Right to recommend one Out-Patient at a Time, and a Subscriber of Two Guineas one In-Patient or two Out-Patients at a Time, and for every larger Sum subscribed, in the same Proportion: That a Benefactor, who has at one Time given to the INFIRMARY the Sum of Ten Guineas, shall have an equal Right with an annual Subscriber of one Guinea, and so in the like Proportion for greater Benefactions.

35. **T**HAT the Head, or other Officer for the Time being, of any Township, Body Corporate, or Society, subscribing to the INFIRMARY, have the same Power of recommending Patients with a Subscriber of equal Value.

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36 **T**HAT

36. THAT no Person be admitted a Patient without the Recommendation of such Subscriber or Benefactor as before-named, except in Cases that will not admit of Delay; in which the Apothecary, or Matron, sending immediate Notice to the Physician or Surgeon of the Week, may give Admission.
37. THAT no Persons be admitted, who are able to subsist themselves and pay for their Cure.
38. THAT no one be admitted or suffered to remain as an In-Patient, who is capable of receiving equal Benefit as an Out-Patient.
39. THAT no Subscriber's Recommendation be accepted, while his Subscription is in Arrear.
40. THAT a Letter signed by the Secretary or Chairman of the Weekly Board, be sent to every Person recommending a Patient, to signify, that the Person recommended is admitted, postponed, or rejected; and that the like Notice be given to the Person who recommended, when a Patient is discharged.
41. THAT Persons, who recommend Patients from distant Places, do send their Cases drawn up by some Physician, Surgeon, or Apothecary, (Post paid) to which an Answer shall be returned, whether, and when they shall be admitted; but that the Board be still at Liberty to reject such Patients, if their Cases appear to have been misrepresented,
42. THAT

42. THAT when there shall be Want of Room in the INFIRMARY, for the Admission of all duly recommended, and qualified to be In-Patients, those shall be first received, whose Cases will admit of the least Delay; in Cases of equal Exigency, the Preference shall be given: First, to such, who live at the greatest Distance; Secondly, to those, recommended by such Subscribers and Benefactors, as have not recommended any In-Patients within the Year; and Thirdly, to those recommended by the largest Contributors.
43. THAT Patients duly recommended and qualified, who cannot be admitted for Want of Room in the INFIRMARY, be entered into the Books as In-Patients, and received into the House preferable to any other, in equal Necessity, upon the first Vacancies, and in the mean Time treated as Out-Patients.
44. THAT one Bed in each Ward be reserved as a Provision for Accidents that require immediate Relief.
45. THAT no Woman big with Child, no Child under six Years of Age, (except in extraordinary Cases, as Fractures, or where cutting for the Stone, or any other Operation is required) no Persons suspected to have the Small-Pox, Venereal Disease, Itch, or other infectious Distempers, that are apprehended to be in a dying Condition, or incurable, be admitted as In-Patients, or, if inadvertently admitted, be suffered to continue.
46. THAT

46. THAT no Persons shall be admitted In-Patients who have receiv'd any Pay within three Months from the Township to which they belong, unless such Township has by its proper Officer subscribed, or unless such Officer will pay 3s. 6d. per Week, for their Subsistence severally, during their Continuance in the House.
47. THAT no Soldier be admitted an In-Patient, until his Officer has engaged to pay his Subsistence Money to the Treasurer of the INFIRMARY, during such Time as he shall continue there, except Soldiers on Furloe, when there is no Officer at Hand to engage for them.
48. THAT all Patients be discharged at the End of two Months after their Admission, unless the Physician or Surgeon certify to the Weekly Board, that there is a Probability of there being cured, or receiving considerable Relief.
49. THAT Patients be enjoined to desire that publick Prayers may be offered for them during their Illness, and to return public Thanks in their respective Places of Divine Worship, upon their Recovery.

Physicians

Physicians & Surgeons.

50. **T**HAT the Physicians and Surgeons, one of each, attend in their Turns, at the INFIRMARY, every *Monday*, at Eleven of the Clock, to examine those who shall be recommended for Patients, to certify their Opinions of the several Cases to the Board, and to receive under their Care such as shall be admitted.
51. THAT the Physicians and Surgeons do meet at the INFIRMARY, every *Thursday* at Eleven of the Clock, to visit their In-Patients, and to consult upon difficult Cases, to note down the Patients proper to be discharged on the *Monday* following, and to prescribe for their Out-Patients then on the Book.
52. THAT the Physicians and Surgeons visit their respective In-Patients at other Times, as they shall judge necessary, or shall have Notice of any sudden Emergency from the Apothecary or Matron.
53. That no Amputation, or other great Operation, except an urgent Occasion require it, be performed, without a previous Consultation of the Physicians and Surgeons; and no one shall be admitted to see the Practice of the House without their Consent.
54. THAT each Physician and Surgeon, whose Business or Indisposition shall oblige him to be absent engage some other Physician or Surgeon of the INFIRMARY to attend for him.

Apothecary.



Apothecary.

55. **T**HAT the Apothecary fix a Ticket on each Patient's Bed, specifying the Name of the Patient, together with that of the Physician or Surgeon, the Time of Admission, and also the Diet, according to the Prescription of the Physician or Surgeon; and that he give a List of the same to the Matron each prescribing Day.
56. **T**HAT he visit the Wards every Morning, and be prepared to report the State of the Patients to the Physicians or Surgeons.
57. **T**HAT an Account of the Number of Beds, which become vacant in each Ward, be delivered by him at the Weekly Board, with a List also of the Patients received into the House in the foregoing Week, and of such Patients as have been in the House two Months.
58. **T**HAT he dispenses no Medicines, without the Direction of the Physicians or Surgeons, except in Cases of Necessity, when they cannot be consulted.
59. **T**HAT there be a Committee appointed, whenever the General Board shall judge it convenient,

ent, to buy Drugs for the Use of the INFIRMARY, and till such Time, the Apothecary shall provide what is necessary, by the Direction of the Treasurer, Physicians, or Surgeons; and shall deliver to the Weekly Board an Account of what Drugs and Medicines are expended; and that he bring in a Bill of the Expence, at least once in every Month.

60. THAT the Physicians and Surgeons, together with the subscribing Apothecaries, be at Liberty to inspect the Drugs and Medicines made Use of by the Apothecary, and to see that he does his Duty; and that they enter their Observations in a Book to be provided for that Purpose.

61. THAT the Apothecary be never absent, when the Physicians and Surgeons are to attend, and that he always leave Notice with the Matron, or at the Place of his Abode, where he may be found, and in Case of Sicknes, or other necessary Avocation, that he depute another Apothecary, who shall be approved by the Physicians, to officiate in his Place.





Secretary.

62. **T**HAT the Secretary attend at every Board, to minute down, and register all Proceedings; and that he be always ready to produce the Books and Accounts of the Society fairly written.
63. **T**HAT he enter in a Register the Names of the In-Patients, and of the Out-Patients, the Parish, or Township they belong to, their Age, and Distemper, when admitted, when discharged, and in what State.
64. **T**HAT he give Notice in Writing every *Saturday* to the Physician and Surgeon, and to the Clergyman, whose Turn it is to attend, and to the House-Visitors, who are appointed to visit the following Week.



Matron.



Matron.

65. **T**HAT the Matron take Care of the Household Goods and Furniture, according to the Inventory, and be ready to give an Account thereof, when required.
66. **T**HAT she visit the Wards and Offices every Day, and take Care that the Chambers, Beds, Cloths, Linen, and all Things within the INFIRMARY be kept clean.
67. **T**HAT she keep a daily Account of the Provisions and other Necessaries, ready to lay before the Weekly Board, that she attend to the due Distribution of them, and never suffer any to be carried out of the House.
68. **T**HAT she keep a Diet Book, by which the Number of Patients on each Diet may be known.
69. **T**HAT she causes the Names of the Patients in each Ward to be called over every Morning and Evening, and enter in the House-Visitor's Book, the Names of those who are absent, and
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- that

that she suffer no In-Patient to go further than the Inner-Court, without Leave.

70. THAT she take Care of the Keys of the Doors, and see, that they be always locked at Nine in the Evening, from *Michaelmas* to *Lady-Day*, and at ten in the Evening from *Lady-Day* to *Michaelmas*.

71. THAT she see that the Nurses, Servants, and Patients observe the Rules of the House, and do their Duty; and in case of Misbehaviour, or Neglect, acquaint the Weekly Board, or House Visitors thereof.



Servants



Servants.

72. **T**HAT the Nurses clean their respective Wards by Seven in the Morning, from the first of *March* to the first of *October*; and by eight in the Morning, from the first of *October* to the first of *March*; and that they serve up Breakfast, within an Hour after the Wards are cleaned.

73. **T**HAT the Nurses and Servants obey the Matron as their Mistress, and that they behave with Tenderness to the Patients, and Civility and Respect to Strangers.

74. **T**HAT all Persons concerned as Servants in the House, be free from the Burden of Children, and the Care of a Family.



Patients



Patients.

75. **T**HAT no Patient go out of the INFIRMARY, without Leave from the Physician or Surgeon, first signified to the Matron; or lie out of the House, on any Account whatsoever, on Pain of Expulsion.
76. THAT Patients absenting themselves without leave, shall not be received into the House again, until the next Weekly Board.
77. THAT no Men-Patients go into the Women's Wards, nor Women into the Men's, without Leave of the Matron.
78. THAT they do not swear, curse, behave rudely or indecently, on Pain of Expulsion, after the first Admonition.
79. That no Patient presume to play at Cards, Dice, or any other Game, within the Walls of the INFIRMARY, or to smoke any where within Doors, without Leave from the Physician or Surgeon, first signified to the Matron.
80. THAT such Patients as are able, be employed in Nursing the other Patients, Washing and Ironing

Ironing the Linen, cleaning the Wards, and such other Service, as the Matron shall require.

81. THAT such In-Patients as are able, be allowed to go to their respective Places of Worship, on Sundays, in the Forenoon and Afternoon, that they return to the INFIRMARY directly; and that no Persons be admitted to visit Patients on that Day, till after Evening Service, without special Leave of the Matron.
82. THAT such Out-Patients as are able, do attend exactly at Eleven of the Clock every *Thursday*, and if they absent themselves twice together, without a reasonable Cause, to be allowed by the Physician or Surgeon, that they be discharged for Irregularity.
83. THAT no fresh Medicines be given them, till they deliver their Phials or Gallipots, and such Medicines as they have not used.
84. THAT no Patient presume to loiter about the INFIRMARY, or Streets adjacent, or to beg any where in Town, on Pain of being discharged for Irregularity.
85. THAT no Person discharged for Irregularity, be admitted again a Patient of the INFIRMARY, on any Recommendation whatsoever.

Form of a Recommendatory LETTER.

GENTLEMEN,

Recommend to your Examination
of the Township of
whom I believe to be a real Object of Charity,
and desire he may be admitted an In-(or Out-)Pa-
tient of the INFIRMARY, if duly qualified.

To the Trustees of the PUBLICK
INFIRMARY at MANCHESTER.

Form of a LETTER to be sent to Sub-
scribers who are in Arrear.

SIR,

IN Compliance with the Rules of this Society, I
am to acquaint you, that it appears by the Se-
cretary's Book, that your Subscription of

payable last *per Ann.*
yet been received. has not

It is therefore the Request of the Board, that
you will be pleased to pay it to the Treasurer, or
one of the Correspondents; and excuse this Appli-
cation, as it is the constant Usage of other INFIR-
MARIES in the like Case.

CHAIRMAN.

A TABLE

A TABLE of DIET.

L O W D I E T.

B R E A K F A S T.

Sunday.	A Pint of Water Gruel or Milk Pottage.
Monday.	The same.
Tuesday.	The same.
Wednesday.	The same.
Thursday.	The same.
Friday.	The same.
Saturday.	The same.

D I N N E R.

Sunday.	A Pint of Broth, and two Ounces of Veal, or four Ounces of Roots.
Monday.	A Pint of Rice Milk.
Tuesday.	A Pint of Broth and Roots.
Wednesday.	Eight Ounces of Bread Pudding boiled, or Roots.
Thursday.	The same as on Sunday.
Friday.	Roots boiled, or Bread Pudding.
Saturday.	A Pint of Broth and Roots.

S U P P E R.

Sunday.	A Pint of Water Gruel or Milk Pottage.
Monday.	The same.
Tuesday.	The same.
Wednesday.	1 Ounce of Butter or 2 Ounces of Cheese
Thursday.	A Pint of Water Gruel or Milk Pottage.
Friday.	1 Ounce of Butter or 2 Ounces of Cheese
Saturday.	A Pint of Water Gruel or Milk Pottage.
Bread sufficient without Waste.	
Beer not exceeding a Pint a Day.	
These Patients to be first served.	

COMMON DIET.

BREAKFAST.

- Sunday. A Pint of Panado, or Milk Pottage.
 Monday. A Pint of Milk Pottage, or Water Gruel.
 Tuesday. A Pint of Panado, or Milk Pottage.
 Wednesday. A Pint of Milk Pottage, or Water Gruel.
 Thursday. A Pint of Panado, or Milk Pottage.
 Friday. A Pint of Milk Pottage.
 Saturday. Panado, or Milk Pottage.

DINNER.

- Sunday. Eight Ounces of boiled Mutton, Beef,
 or Veal, and eight Ounces of Roots.
 Monday. A Pint of Rice Milk, or twelve Ounces
 of baked Pudding.
 Tuesday. A Pint of Broth, four Ounces of boiled
 Mutton, and eight Ounces of Roots.
 Wednesday. Baked Pudding, or 12 oz. of boiled Roots
 Thursday. Eight Ounces of boiled Mutton, and
 eight Ounces of Roots.
 Friday. Baked Pudding, or a Pint of Rice Milk,
 Saturday. The same as on Tuesday.

SUPPER.

- Sunday. A Pint of Broth.
 Monday. 1 Ounce of Butter, or 3 Oz. of Cheese.
 Tuesday. A Pint of Broth.
 Wednesday. A Pint of Milk Pottage.
 Thursday. A Pint of Broth.
 Friday. 1 Ounce of Butter, or 3 Oz. of Cheese.
 Saturday. A Pint of Broth.

Every Day Bread and Beer sufficient without Waste.

For every Gallon of Broth put in three Pounds
 of Mutton or Veal, or two Pounds of lean Beef,
 over and above the common Allowance for Meat.

MILK

M I L K D I E T.

B R E A K F A S T.

Sunday.	A Pint of Water Gruel, or Milk Pottage.
Monday.	The same.
Tuesday.	The same.
Wednesday.	The same.
Thursday.	The same.
Friday.	The same.
Saturday.	The same.

D I N N E R.

Sunday.	A Pint of Rice Milk, or hasty Pudding.
Monday.	Rice, or Bread Pudding.
Tuesday.	A Pint of Rice Milk, or boiled Roots.
Wednesday.	Bread Pudding boiled, or baked Pudding.
Thursday.	A Pint of Rice Milk, or boiled Milk with Bread, or hasty Pudding.
Friday.	Bread Pudding, or Rice Pudding.
Saturday.	A Pint of Rice Milk, or Roots.

S U P P E R.

Sunday.	A Pint of Milk Pottage, or Water Gruel.
Monday.	A Pint of Milk Pottage.
Tuesday.	A Pint of boiled Milk.
Wednesday.	One Ounce of Butter, or two Ounces of Cheefe.
Thursday.	A Pint of Water Gruel, or Milk Pottage
Friday.	A Pint of Milk Pottage.
Saturday.	A Pint of boiled Milk
Every Day Bread sufficient without Waste.	
Drink, two Pints of Water to one of Milk.	

DRY

D R Y D I E T.

B R E A K F A S T.

Sunday.	1 Ounce of Butter, or 2 Ounces of Cheese
Monday.	The same.
Tuesday.	The same.
Wednesday.	The same.
Thursday.	The same.
Friday.	The same.
Saturday.	The same.

D I N N E R.

Sunday.	6 Ounces of Veal, with Roots boiled.
Monday.	Rice Pudding, or Bread Pudding.
Tuesday.	6 Ounces of Mutton, and 8 Ounces of Roots.
Wednesday.	Rice Pudding, or hasty Pudding.
Thursday.	Six Ounces of boiled Mutton, and eight Ounces of Roots.
Friday.	Rice Pudding, or Bread Pudding.
Saturday.	Six Ounces of boiled Mutton, and eight Ounces of Roots.

S U P P E R.

Sunday.	1 Ounce of Butter, or 2 Ounces of Cheese
Monday.	The same.
Tuesday.	The same.
Wednesday.	The same.
Thursday.	The same.
Friday.	The same.
Saturday.	The same.
Every Day Bread, or Sea Biscuit without Waste.	

F I N I S.

